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To whom it may concern

11th November 2011

Mr. Sarson has been taking a Christian Meditation Workshop in our school for a considerable amount of time.

The children have benefited in many ways from these workshops. We have seen changes in their behaviour, they have been able to deal with any anger issues more effectively, concentration has greatly improved and there is a much more relaxed atmosphere in the classes.

Children have said that they have used the technique in their ordinary lives, that it had helped them considerably, had made a significant difference to them and that they would recommend the technique to others.

We would very much like the Meditation Workshops with Mr. Sarson to continue but realise that funding is becoming increasingly difficult. We would be very sad if Mr. Sarson's incredibly valued work were to cease due to funding issues.

The work that Mr. Sarson is doing in our school will impact on our young people for the rest of their lives and is giving them the skills to manage their future well being.

Mr. Sarson's wonderful work has been highlighted recently in a magazine which is circulated through all Catholic schools in England and Wales.

I have no doubt that on reading this article many Head teachers will be searching for someone like Mr. Sarson to work with their children.

Yours sincerely

Ms. J.P. Feeney
Headteacher

Charity No.
XR79922



INVESTOR IN PEOPLE

